

## **SALIVA IMMUNOASSAY FOR DETECTION OF ANTIBODIES FOR AUTOIMMUNE DISEASE**

### **Background of the Invention**

#### **Field of the Invention**

[0001] The invention relates to a saliva immunoassay for detection of antibodies for autoimmune diseases.

#### **Description of the Related Art**

[0002] Cardiovascular disease is predicted to be the most common cause of death worldwide by the year 2020. Half of heart disease patients lack established risk factors such as elevated lipids, hypertension, tobacco abuse, and positive family history. Additionally, these risk factors are generally associated with the disease, and the exact mechanism by which they may contribute to the development of atherosclerosis is not clear. However, previous and recent studies point to a linkage between infection with different bacteria and heart disease in the other 50% of observed incidences. Pathogenesis of the disease induced by infectious agents is described by three different mechanisms of action: release of toxins or superantigens, induction of inflammation, and molecular mimicry or cross-reactivity. This may result in plaque formation or antimyosin cellular and humoral immunity and subsequently, to myocarditis or other autoimmune diseases.

[0003] Through the years, many reports have incriminated various infectious agents in the pathogenesis of autoimmune disease. Moreover, the American College of Cardiology has issued a list of harmful pathogens as possible links to heart disease.

[0004] Traditionally, it is assumed that infectious agents induce disease by direct tissue damage via secretion of toxins or different antigens, particularly myosin. These toxins may directly or indirectly induce tissue damage and cause release of tissue antigens.

[0005] An infectious agent can be taken up by macrophages and transferred to the bloodstream and arteries. When a macrophage burrows into the wall of a blood vessel to take

in irritants such as LDL and oxidized LDL, it transfers the infectious agent into the neighboring arterial cells. Infected arterial cells then attract more macrophages and other inflammatory responses, such as platelets, and then die. If this vicious cycle of inflammation continues, it can result in fibrous lesions or plaque formation. When pieces of the plaque break loose, they can start blood clots and cause heart attack.

[0006] Another mechanism by which infectious agents can cause autoimmune disease is molecular mimicry. Molecular mimicry is defined as structural similarity between antigens coded by different genes. Antigenic cross-reactivity between host and bacteria is exemplified by blood group substances and bacterial polysaccharides; cardiac tissue and streptococcal proteins; and kidney tissue and *E. coli* polysaccharides. Viruses may also induce autoimmune responses through shared determinants on molecules notably present on host cells, by altering the host immune system, or by causing the expression or release of "normally sequestered" self antigens.

[0007] Harmful pathogens may be the cause of many human diseases. These pathogens may induce their pathologic response through one of the above-mentioned mechanisms of action.

[0008] Many viruses, bacteria, and even parasites are claimed to affect atherosclerosis plaque deposition. Among them, *Chlamydia pneumoniae* probably has the strongest association with atherosclerosis. There is a close relationship between *C. pneumoniae* infection, IgG and IgM titers, and increased evidence of MI, CVA, and peripheral vascular disease (PVD). *C. pneumoniae* antigens are found in atherosclerosis plaques, and T-cell reactions to these antigens have been demonstrated. Experimental models illustrate the pathogenic role of *C. pneumoniae* and the unique heat shock protein (HSP)-60. Other major atherosclerosis-associated pathogens are *Helicobacter pylori*, Epstein-Barr virus and cytomegalovirus. For some pathogens, interfering pathogenic mechanisms have been described, such as cytomegalovirus gene-induced proliferation of smooth-muscle cells. From data showing a correlation between increased atherosclerosis incidence and chronic bronchitis, as well as periodontitis, it has been suggested that any infectious agent, and especially multiple chronic infections, could result in accelerated atherosclerosis formation. This multiplicity was confirmed recently in experimental animal

models. There is no doubt therefore, that chronic infections with specific or nonspecific infectious agents can contribute to the acceleration of atherosclerosis development, either by nonspecific mechanisms [hypercoagulation and increased adhesion molecule and elevated C-reactive protein (CRP) levels] or by more specific mechanisms, such as induction of HSP-60 expression and eventually pathogenic anti-HSP-60 antibody production.

[0009] Autoantibodies are frequently found in the sera of virus-infected individuals, both during and after infection. For example, after infection with Epstein-Barr virus (EBV), antibodies reacting with intermediate filaments of cells, immunoglobulin or thyroglobulin were detected (Oldstone, J. Autoimmunity, 2(Suppl.):187-194, 1989; Srinivasappa et al., J. Virology, 57:397-401, 1986; Talal et al., J Clin. Invest., 85:1886-1871).

#### Myosin Antibody

[0010] Myosin accounts for over 50% of muscle proteins. Along with actin, myosin is involved in muscle contraction. Myosin is one of the largest proteins in the body, with a molecular mass of 500 kDa. Due to its large mass, antigenic mimicry between infectious agents and myosin molecules is highly probable.

[0011] It is now well-known fact that infectious agents are associated with human myocarditis. The development of autoimmunity to myocardial antigens has been widely recognized after myocardial infarction or after cardiac surgery. Autoantibodies to heart tissue in patients with rheumatic carditis, post-myocardial infarction and post-pericardiotomy syndromes have been described. Antibodies against heart tissue can also occur in patients with post-infection myocarditis, dilated cardiomyopathy, rheumatic carditis, Chagas disease, and adriamycin cardiotoxicity. It has also been observed that serum from patients with myocarditis reacted specifically with sarcolemmal and cytoplasmic heart antigens. Moreover, serum samples containing circulating heart antibodies also induced complement-mediated myocyte lysis and antibody-dependent cell-mediated cytotoxic reactions *in vitro*, suggesting that they may be pathogenic in myocarditis.

[0012] It is now clear that some patients with active myocarditis or cardiomyopathy carry antibodies to the mitochondrial adenine nucleotide translocator. Such patients, whose serum inhibit *in vitro* ADP-ATP translocator activity, have reduced cardiac function relative to their counterparts without these antibodies. The existence of multiple

heart-reactive antibodies in autoimmune heart disease is consistent with the presence of multiple tissue- and organelle-specific antibodies in both systemic lupus and autoimmune thyroiditis.

[0013] For years it has been known that Chlamydia can induce cardiovascular disease in experimental animals. This Chlamydia-mediated heart disease in mice can be induced by antigenic mimicry of a heart muscle-specific protein, thus providing a molecular link between Chlamydia infections and heart disease. Since many infectious agents have been implicated in heart disease, it is not surprising that organisms other than Chlamydia can also supply mimicking epitopes. Indeed, Machmaier, K. et al., in a study published in Nature Medicine in August 2000, screened public databases for proteins sharing the pathogenic mouse M7A $\alpha$  peptide MA'ST motif (whose amino acid sequence is as follows: SLKLMATLFSTYASA). This motif is found in proteins from a multitude of viruses, bacteria, fungi, and protozoa, which are involved in cardiovascular disease.

[0014] Cross-reactive antibodies appear to be quite common in patients with rheumatic fever. Some of these autoantibodies could be absorbed by certain streptococcal strains, and some reacted specifically with cardiolipin and tropomyosin. Group A and mutant streptococci share a common epitope with cardiac myosin, which may be associated with the heavy meromyosin region of the molecule. In Chagas disease—caused by the protozoan parasite *Trypanosoma cruzi*—heart autoantibodies react with laminin, while Chagasic cardiomyopathy may be due to recognition of the calcium-sequestering ATPase in the sarcoplasmic reticulum.

#### Oxidized LDL Antibody

[0015] Oxidized Low Density Lipoprotein (oLDL), the prime candidate for an autoantigen, plays a critical role in the development and progression of atherosclerosis and other vascular diseases. It is incriminated in foam cell generation through uptake by the unregulated scavenger receptors on macrophages.

[0016] Recent evidence suggest that autoantibodies against oxidatively modified LDL can be used as a parameter that consistently mirrors the occurrence of oxidation processes taking place *in vivo*. In fact, elevated levels of autoantibodies against oLDL have been detected in the bloodstream of patients with coronary artery disease. Moreover, recent

studies indicate a correlation between autoantibodies against oLDL and the progression of carotid atherosclerosis. Increased serum concentrations of oLDL have also been described in various diseases such as pre-eclampsia and systemic lupus erythematosus (SLE).

#### Heat Shock Protein 60 (HSP60) Antibody

[0017] Heat Shock Protein 60 (HSP60), also known as CPN60, is an abundant protein synthesized constitutively in the cell that is induced to a higher concentration after brief cell stress or shock. It is present in all species analyzed so far and exhibits a remarkable sequence homology among various counterparts in bacteria, plants, and mammals: more than half of the residues are identical between bacterial and mammalian HSP60. The ubiquitous occurrence and remarkable evolutionary conservation suggests that HSP60 may play an essential role in the cell. It is now believed that HSP60, which is localized in mitochondrial matrix in eukaryotes, interacts with multiple proteins during translocation and/or folding. *E. coli* HSP60 (GroEL) has been shown to catalyze folding of many proteins *in vitro* and is involved in the assembly of bacteriophage lambda proteins during infections. TCP-I, a member of the HSP60 family, has similar functions to HSP60 but is localized within the cytoplasm. Bacterial HSP60 proteins are major targets of immune responses during infection, and the highly conserved nature of bacterial and mammalian HSP60 has led to speculation that immune reactivity to these stress proteins may be a component of certain autoimmune diseases and atherosclerosis. In fact, G. Wick (Innsbruck, Austria) first claimed that HSP60 is involved in atherosclerosis. Anti-HSP60 antibody titers correlate with the degree of atherosclerosis in carotid ultrasound studies. The increase in anti-HSP60 antibody levels could result from direct turbulence damage to bifurcated arteries or could be caused by infectious agents (e.g. *C. pneumoniae*) releasing HSP60, which becomes immunogenic. T-cell lines cultured from the atherosclerosis plaque proliferate when exposed to HSP60 and both the autoantibodies, as well as the autoantigen can be found in the plaque. Finally, active immunization of rabbits and apolipoprotein-E or low-density lipoprotein (LDL)-receptor knockout mice with HSP60 leads to accelerated formation of atherosclerosis plaques.

#### Anti- $\beta$ 2-Glycoprotein-1

[0018]  $\beta$ 2-Glycoprotein-1 ( $\beta$ 2GP1) is a normal glycoprotein synthesized by the liver that behaves as an anti-coagulant and is also an anti-atherogenic agent. This

glycoprotein, also known as apolipoprotein-H, is a human plasma glycoprotein that consists of a single polypeptide of 326 amino acids with a molecular weight of 50 kDa.

[0019] It is now widely accepted that  $\beta$ 2GP1 is an absolute requirement for the binding of “antiphospholipid” (aPL) Abs purified from patients with autoimmune disease when assayed using anionic phospholipid ELISAs. These autoantibodies are of considerable clinical importance because of their association with arterial and venous thrombosis, recurrent fetal loss, and thrombocytopenia. The interaction of autoantibodies with  $\beta$ 2GP1 may be important in relation to the pathogenesis of thrombosis *in vivo*.  $\beta$ 2GP1 is known to bind to negatively charged surfaces as well as to activated platelets and to act as an inhibitor of the intrinsic blood coagulation pathway *in vitro*.

[0020]  $\beta$ 2GP1 also binds to oLDL. This binding of  $\beta$ 2GP1 to oLDL reduces the uptake of oLDL by scavenger receptors on macrophages. In fact,  $\beta$ 2GP1 is found in the atherosclerosis plaque and is the target antigen in antiphospholipid syndrome (APS). Antibody titer to  $\beta$ 2GP1 correlates with atherosclerosis. In *in vitro* conditions, these antibodies enhance uptake of oLDL by macrophages.

[0021] Recently, in a classical study, accelerated atherosclerosis plaque formation was induced in LDL-receptor-deficient mice by the passive transfer of lymphocytes from the lymph nodes and spleens of mice actively immunized with  $\beta$ 2GP1.

#### Anti-Platelet Glycoproteins

[0022] A number of diseases and syndromes are thought to involve antibody, or immune complex-mediated platelet destruction. Among these are both the acute and chronic forms of idiopathic thrombocytopenic purpura; the closely related thrombocytopenia of systemic lupus erythematosus; quinidine, apronalide, and other drug-induced thrombocytopenias; post-transfusion purpura; neonatal isoimmune thrombocytopenia; and the alloimmunization that renders multi-transfused patients refractory to random platelet transfusion.

[0023] Platelet function and number can both be affected in immune-mediated diseases; however, thrombocytopenia is by far the more common finding. Abnormalities of platelet number and function can occur via any of several immune mechanisms. Both humoral and cell-mediated immune mechanisms can produce thrombocytopenia. The most

commonly considered, although by no means the most commonly noted, immune mechanism for thrombocytopenia is the formation of specific antiplatelet autoantibodies. Platelets have a large number of immunogenic structures on their surface, with the glycoprotein IIb/IIIa (GP IIb/IIIa) complex being the most numerous. It is not surprising, therefore, that autoantibodies directed against epitopes on the GP IIb/IIIa complex are the most frequent when the specificity of the autoantibodies have been determined in blood. Platelet autoantibodies are usually of the IgG immunoglobulin class, although IgA, IgD, and IgM autoantibodies have been demonstrated occasionally. Complement has also been found on surface of platelets in clinical syndromes consistent with increased immune-mediated platelet destruction. However, most autoantibodies are not complement fixing, and removal of the immunoglobulin-coated platelets occurs in the spleen and other sites of reticuloendothelial tissue.

### Immune Complexes

[0024] Immune complexes are formed when antigens bind with antibodies. Antigen-antibody complexes can activate the complement cascade and bind the C1q component of complement and form pathologic complexes.

[0025] Both exogenous and endogenous antigens can trigger pathogenic immune responses that result in immune complex (IC) disease. Because circulating IC's play such an important part in many diseases, including autoimmunity, neoplasms, infectious diseases due to bacteria, viruses, and parasites, and other unclassified disorders, the demonstration of IC's in tissues and biological fluids has achieved rising prominence.

[0026] There are a number of cases in which immune complexes assays are helpful in the diagnosis and monitoring of disease activity, for example, lupus and arthritis.

[0027] The fact that SLE is considered the prototype of human immune complex disease has led to studies of SLE with almost every type of immune complex assay developed. A high incidence of positive tests and disease activity has been uniformly reported. There is considerable evidence that DNA-anti-DNA complexes are involved in the pathogenesis of SLE. Immune complex determinations coupled with detection of serum antibodies to native DNA and determinations of levels of hemolytic complement (CH50) in serum are useful diagnostic tests. Most studies have found a correlation between positive

immune complex assays and antibodies to native DNA, which is the most important laboratory marker of lupus. Several serial studies have indicated that the C1q solid-phase assay correlates better with disease activity than do other immune complex tests.

[0028] The role of circulating immune complexes (CIC) in cancer is of particular interest because tumors express antigens that elicit both cellular and humoral immune responses. CMI in tumor-bearing host is blocked by CIC or “blocking factors” in circulation. Antigen-antibody complexes are formed by noncovalent hydrophobic coulombic hydrogen bonds. The nature and quantity of CIC detected in circulation is dependent upon the dynamics of formation, clearance, and tissue deposition of immune complexes. Immune complexes cause tissue injury through the terminal lytic component of activated complement system. Since activated complement components are strong chemotactic agents, leukocytoclastic vasculitis is seen in cancer patients with high levels of CIC.

#### Lupus and Arthritis Peptides

[0029] Systemic lupus erythematosus (SLE) is a systemic autoimmune disease, characterized by autoreactivity against a variety of nuclear antigen and immune-mediated damage in several organs, particularly the kidney. The most characteristic serologic abnormality found in patients with SLE is anti-dsDNA Abs. Anti-dsDNA Abs are considered instrumental in the pathogenesis of the immune glomerulonephritis in SLE.

[0030] The anti-dsDNA Abs found in patients with SLE and in the murine models of the disease display characteristics of Abs arising in an Ag-driven response. However, the antigenic trigger for the production of anti-dsDNA Abs has yet to be conclusively identified. Bacterial (but not mammalian) DNA, complexes of DNA and DNA binding proteins, and bacterial polysaccharides can induce anti-dsDNA Abs in various experimental models.

[0031] Using phage peptide display library with murine antibody to R4A peptide mimotope for autoantigen was identified. R4A binds to dsDNA and fibronectin and deposits in glomeruli of nonautoimmune mice. The 5-mer peptide DWEYS inhibited binding of R4A to dsDNA as well as binding of R4A to renal tissue. Moreover, when nonautoimmune BALB/C mice were injected with the peptide “DWEYSVWLSN” attached to a polylysine backbone, mice developed lupus-like autoimmunity.



[0032] The peptide-immunized mice develop anti-dsDNA Abs as well as other autoantibodies characteristic of lupus, including anti-histone, anti-cardiolipin, and anti-Sm/ribonucleoprotein (RNP) Abs. Immunohistochemical studies demonstrate the presence of IgM and IgG deposits in renal glomeruli of immunized mice at 3 months of age. Similarly, arthritic peptide can initiate a disease closely resembling human rheumatoid arthritis.

[0033] Rheumatoid Arthritis (RA) is a highly prevalent and debilitating autoimmune disease that is characterized by a relapsing symmetric synovitis of the peripheral joints. T cells have been implicated in RA pathogenesis both by their presence in joint lesions and the association of particular MHC class II molecules with disease risk and progression. While the T cell autoantigens targeted in RA remain elusive, some insight into self-recognition in autoimmune arthritis has come from a recently characterized mouse model. KRN TCR transgenic (tg) mice on the C57BL/6 X nonobese diabetic (NOD) genetic background (K/B X N mice) spontaneously develop an inflammatory joint disease that models numerous clinical, histologic, and immunologic traits of RA. Therefore, elucidating the nature of self-recognition by KRN helper T-cells in K/B X N mice can shed light upon autoreactivity in the human illness.

#### Manifestation of Antibodies

[0034] The deposition of antigens in the gut has been shown to lead to the production of IgA antibodies in secretions at sites distant from the gut, such as colostrums, lacrimal and salivary secretions in man and salivary secretions in rhesus monkeys and in rats.

[0035] A general conclusion therefore is that the secretory immune system can be stimulated centrally and that precursors of IgA-producing cells migrate from the gut-associated lymphoid tissue to several secretory sites in addition to the lamina propria of the gut itself. Therefore, if antigens are injected into the submucosal tissues, they are likely to induce serum IgG antibodies as well as secretory IgA antibodies in saliva. However, if it is applied topically to the skin or to the intraepithelial tissue, secretory IgA is the main product which is detected in saliva. The role of topically applied antigen in the localization and persistence of IgA responses has been demonstrated in several secretory sites, including the respiratory tract, oral cavity, gut, and vagina.

[0036] The evidence that cells migrate from the gut to various secretory tissues, and that immunization in the gut leads to antibodies at various secretory sites has led to the concept of a common mucosal system. However, this concept may be an oversimplification, since although immunization in the lung may lead to antibodies in distant secretory sites, such as salivary glands and immunization in the lacrimal glands has also been shown to lead to the production of antibodies in saliva. Thus, with firm evidence that antigen deposition in the gut may lead to antibodies not only in the gut but also in saliva, lungs, lacrimal secretions and genitourinary tract, it is probably more correct to designate the system as an enteromucosal system.

[0037] Saliva is a source of body fluid for detection of an immune response to bacterial, food, and other antigens present in the oral cavity and gastrointestinal tract. Indeed, salivary antibody induction has been widely used as a model system to study secretory responses to ingested material, primarily because saliva is an easy secretion to collect and analyze. It seems to be a general feature that salivary IgA antibodies can be induced in a variety of species in the absence of serum antibodies. This has been demonstrated after immunization with particulate bacterial antigens in human could selectively induce an immune response to *Streptococcus mutans* by oral administration of the antigen. This route of administration resulted only in antibody production in saliva and not in serum. Similar mucosal immune response in the form of saliva IgA did occur in monkeys, rabbits, rats, and mice after oral administration of *Streptococcus mutans* or other bacteria.

[0038] This lack of production of IgG, but IgA production in saliva after oral or intragastric administration of bacterial antigens is shown in the following table.

Table 1 – Induction of salivary IgA antibody after  
stimulation of gut associated lymphoid tissue

Species	Antigen	Route of Administration	Salivary IgA Production	Serum Antibody Production
Human	Streptococcus Mutans	Oral	++	–
Monkeys	Streptococcus Mutans	Intragastric	++	–
Rabbits	Penumococcus or BGG	Intragastric	++	–
Rats	Streptococcus Mutans	Oral	++	–
Mice	Streptococcus Mutans or Ovalbumin	Intragastric	++	–

[0039] As indicated in this table, oral or intragastric administration of dietary soluble proteins such as bovine gammaglobulin (BGG) and ovalbumin or eggalbumin resulted in salivary IgA production but not in any antibody production in serum. For these reasons, saliva has been selected not only because of its relevance in oral disease, but mainly because it is an accessible fluid, easy to collect, and is thought to show representative responses in secretions after central or intragastric immunization. However, if both saliva IgA and serum IgG antibodies are detected in the same patient, it means that this individual has been primed with the antigen orally as well as systematically.

[0040] This IgA production in saliva and IgG production in serum is dependent upon antigen dosage as well as the integrity of the gut. For example, a single intragastric immunization with 1mg of eggalbumin led to oral tolerance but did not lead to detectable secretory IgA antibodies, whereas 10mg of ovalbumin led to systemic tolerance, but to a significant level of salivary IgA antibodies. Thus, detection of high levels of antibody in saliva is an indication of the body's exposure to significant levels of antigenic stimulation.

[0041] While this concept of oral tolerance to high doses of soluble antigen may be correct, certain conditions – such as overloading of the GI tract with bacterial toxins – may not lead to oral tolerance. This is due to the fact that bacterial toxins will cause the opening of tight junctions, which will in turn lead to the absorption of ingested proteins and bacterial antigens from the gut in significant amounts. This excessive uptake of bacterial, fungal, viral, and dietary proteins into the circulation may induce immune response first in the form of IgM, and thereafter in the form of IgG and IgA antibodies in the serum, all of which may lead to different clinical conditions.

#### Summary of the Invention

[0042] One aspect of the preferred embodiment is a method for diagnosing the likelihood and severity of autoimmune disease in a patient. This method includes (a) determining a level of antibodies against an autoantigen or a corresponding recombinant antigen or synthetic peptide for autoimmune disease in a sample from the patient and (b) comparing the level of antibodies determined in step (a) with normal levels of the same antibodies.

[0043] Possible outcomes for the comparison include (i) normal levels of autoantigen antibodies for autoimmune disease indicate optimal conditions; (ii) higher than normal levels of autoantigen antibodies for autoimmune disease indicate ongoing pathology or prediction of early pathogenic reaction for autoimmune disease.

[0044] In one embodiment, an ELISA test is used to determine the levels of antibodies.

[0045] In one embodiment, autoantigens are immune complexes, platelet glycoprotein, lupus peptide, or arthritis peptide.

[0046] In one embodiment, the antibodies, preferably IgA antibodies, are measured from saliva.

[0047] Further objects, features and other advantages of the preferred embodiments become apparent from the ensuing detailed description, considered together with the appended figures.

### Brief Description of the Drawings

[0048] FIGURE 1 is a graph showing saliva IgA antibodies against infectious agents, specific and non-specific autoantigens involved in cardiovascular disease and autoimmune disease expressed by O.D.'s from patients with possible autoimmune disease.

[0049] FIGURE 2 is a graph showing saliva IgA antibodies against infectious agents, specific and non-specific autoantigens involved in cardiovascular disease and autoimmune disease expressed by O.D.'s from healthy controls.

[0050] FIGURE 3 is a graph showing the mean and standard deviation of thirty saliva samples of IgA antibody levels against myosin.

[0051] FIGURE 4 is a graph showing the mean and standard deviation of thirty saliva samples of IgA antibody levels against oLDL,  $\beta$ -2-Glycoprotein, and HSP-60.

[0052] FIGURE 5 is a graph showing the mean and standard deviation of thirty saliva samples of IgA antibody levels against lupus peptide, arthritis peptide, and immune complex.

[0053] FIGURE 6 is a table showing the correlation of reactivity of saliva IgA antibody against infectious agents and autoantigens to medical conditions, such as autoimmune disease.

### Detailed Description of the Preferred Embodiment

[0054] The inventor has developed a single test that will accurately inform the physician of important clinical conditions required to diagnosing in patients the likelihood and severity of autoimmune diseases, such as lupus and arthritis. The test utilizes a highly sensitive and accurate ELISA test method that measures saliva IgA specific antibody titers to the purified antigens or a corresponding recombinant antigen or synthetic peptide from autoantigens.

[0055] Such quantitative and comparative test results allow the physician to determine autoimmune diseases, such as lupus and arthritis. The test thus helps the clinical investigator to evaluate and treat patients by using immunological responses as indications of autoimmune diseases, such as lupus and arthritis.

[0056] The test involves determining the level of antibodies against an autoantigen or a corresponding recombinant antigen or synthetic peptide for autoimmune disease. The level of antibodies against autoantigens for autoimmune disease is compared between test samples of a patient and normal controls. A higher than normal level of antibodies against autoantigens for autoimmune disease, such as lupus peptides, arthritis peptides, platelet glycoprotein, and immune complexes, indicate a presence or possibility of autoimmune disease, such as lupus and arthritis.

[0057] Defined autoantigens in autoimmune disease include the following: myosin, oxidized LDL (oLDL), Heat Shock Protein-60 (HSP60),  $\beta$ -2-Glycoprotein-1 ( $\beta$ 2GP1), lupus autoantigens and peptides, arthritis autoantigens and peptides, cardiolipin, platelet glycoproteins, and immune complexes.

[0058] Chronic infections and the resulting production of antibodies against them can accelerate atherosclerosis by means of specific and non-specific mechanisms. Myosin, HSP60, oLDL,  $\beta$ 2GP1, and lupus and arthritis peptides are defined autoantigens involved in specific mechanisms for the induction of cardiovascular disease or autoimmune diseases. Platelet glycoproteins, immune complexes, endothelial cell antigens and intracellular adhesion molecules are indirect factors involved in non-specific mechanisms for the induction of cardiovascular disease or autoimmune diseases.

[0059] The detection of specific biomarkers, such as myosin, oLDL,  $\beta$ 2GP1, HSP60, lupus peptide and arthritis peptide antibodies in saliva along with non-specific markers, such as platelet glycoprotein antibodies, elevated immune complexes, endothelial cell antibody and intracellular adhesion molecules may detect ongoing pathology or predict early pathogenic reaction. Because of this, preventive measures may be taken to reverse the course of action of the disease. Patients with positive anti-nuclear antibodies, rheumatoid factor, and an elevated sedimentation rate (markers of inflammation and autoimmunity) have a much higher level of antibodies against infectious agents and antibodies against the defined autoantigens (lupus and arthritis peptides or tissue antigens), and also exhibit elevated IgA in saliva in comparison with healthy individuals. There may also possibly be elevated levels of platelet glycoprotein, immune complexes, C-reactive proteins, and intracellular adhesion molecules.

[0060] Although other materials and methods similar or equivalent to those described herein can be used in the practice or testing of the preferred embodiments, the preferred method and materials are now described.

### EXAMPLE 1

#### GENERAL PROCEDURES FOR IMMUNITY PANEL FOR AUTOIMMUNE DISEASE

[0061] For the test, about 2 ml of patient saliva was collected. Saliva specimen was kept at  $-20^{\circ}\text{C}$  until the performance of the assays.

[0062] The purified antigens were immobilized by attachment to a solid surface, such as a microtiter plate. The saliva sample was added to the plate followed by incubation and washing. Antibody bound to antigen was revealed by adding enzyme labeled monoclonal antibody directed against the first immunoglobulin. After addition of substrate, color development was measured by microtiter reader at 405 nm. The intensity of the color was directly related to the concentration of antibodies to these antigens present in patient's specimen.

[0063] Saliva samples were collected in the morning, before brushing teeth, smoking, or drinking. 2 ml of saliva was collected. Saliva was collected after a gentle chewing action in a test tube containing 0.1 ml of preservative. Saliva specimen was kept at  $-20^{\circ}\text{C}$  until the performance of the assays.

[0064] Calibrator samples I, II, III as well as positive and negative controls were used.

[0065] The wash buffer was made as follows: in a 500 ml graduated cylinder, 450 ml of water was added to 50 ml of 10x wash buffer. It was mixed and transferred to a 500 ml squeeze bottle and stored at  $2-8^{\circ}\text{C}$  until used.

[0066] Substrate buffer and Stop Solution were ready for use. (CAUTION: Both solutions are caustic: avoid contact with skin and eyes, rinse with copious amounts of water in event of contact.)

[0067] The substrate solution was prepared only immediately before use. For 1-5 strips, 5 ml of substrate buffer were pipeted into the empty substrate reconstitution bottle and

1 substrate tablet was dropped in. The bottle was shaken to dissolve the tablet. The buffer was used within an hour after reconstitution as recommended.

[0068] Reagent and specimen were prepared as follows. All strips to be used, reagents, controls, and patient's specimen were equilibrated to room temperature (22-25°C). Patient's specimen was diluted 1:100 with specimen diluent buffer: 20 µl specimen + 2.0 ml buffer. Specimen dilutions were made in tubes prior to addition to wells and thoroughly mixed before dispensing. Only one well per test was necessary. For every determination, six strips (1-6) of eight wells were needed to run blank calibrators and four patient's samples.

[0069] Well Identification: 6 antigen-coated strips were used. Each was divided into 8 equal-sized squares. The top 6 squares were labeled "BLANK", the next 3 were "CALIBRATOR I, CALIBRATOR II, and CALIBRATOR III". The last 4 were labeled "SPECIMEN I, SPECIMEN II, SPECIMEN III and SPECIMEN IV". Note: Blank and calibrators may need to be positioned differently if specified by the instrument manufacturer. For each test performance the following wells were used: One blank well (reagent blank), one well each for Calibrator I, II and III, and one well each for patient specimens.

[0070] The assay procedure was as follows: 100 µl of specimen diluent buffer was pipeted into all eight wells of strip # 1, 2, 3, 4, 5, and 6. The contents were discarded and the addition of specimen diluent buffer to the same wells was repeated. Then, 100 µl of each calibrator or patient specimen dilutions were pipetted into identified wells; being careful to avoid splashing and air bubbles because cross-contamination between the wells may cause erroneous results. Then, 100 µl of specimen diluent buffer was pipeted into a blank well. The reagents were dispensed slowly to avoid splashing and air bubbles. If large air bubbles occurred, they were aspirated or the plate was gently shaken. The plate was covered and incubated for 60 minutes at room temperature (22-25°C). Specimen was shaken from the wells into a container containing disinfectant solution or aspirated with a vacuum device. All wells were empty prior to filling with 1x wash buffer and allowing a 10-20 second soak time. The wells were emptied by shaking into a disposal container or aspirated. Washing was repeated three more times. The inverted plate was tapped onto a paper towel to completely remove all residual liquid. Then, 100 µl of anti IgA conjugate was added to the tested strips. The plate was covered and incubated for 60 minutes at room temperature (22-25°C). The



liquid was shaken or aspirated from all the wells and washed four times. Then, 100 µl of p-NPP substrate was added to all the wells at timed intervals that corresponded to the reading time of the instrument used to read the reactions. The 45-minute incubation time was started as substrate was added to the first well. The plate was covered and incubated 45 minutes at 22-25°C. (The assay may be incubated for less than 45 minutes if incubation temperature is higher than 25°C). Then, 50 µl of 3N NaOH was pipeted into all the wells at the same timed intervals that the p-NPP was added. The plate was shaken for 1-2 minutes by hand or on a shaker, avoiding splashing. The bottom of the wells was wiped with a non-abrasive paper towel and the instrument was zeroed on the blank well. The OD was read at 405±5 nm within 30 minutes, and reactions recorded.

[0071] The ELISA values for the calibrators used in this test system were according to the samples used in the test.

[0072] ELISA values for each test specimen were determined using the following formula:

ELISA values of test specimen =

Values of calibrator x Absorbance of test specimen

Absorbance of calibrator

## EXAMPLE 2

### TEST FOR MYOSIN ANTIBODY

[0073] Myosin pathogenic peptide "SLKLMATLFSTYASA" was synthesized by a robotic multiple peptide synthesizer and resin was used as solid support. Peptide was characterized by reversed-phase HPLC and electrospray mass-spectrometry with purity greater than 80%. This peptide was bound to bovine serum albumin and used for coating microtiter plates.

[0074] Each well of microtiter plate was coated with 3 µg peptide in 0.1 M carbonate buffer pH 9.5. After 24 hours incubation and washing, 200 ml of 2% BSA was added and incubated for an additional 2 hours. Plates were washed, dried, and used for measurement of myosin antibodies. The test specimen was added to the plate followed by

incubation and washing. The procedure in Example 1 was followed to measure for the myosin antibodies.

[0075] The ELISA values for the calibrators used in this test system were as follows: Calibrator I = 7.5, Calibrator II = 15, and Calibrator III = 30.

[0076] The ELISA values for each test specimen were determined using the formula in Example 1.

### EXAMPLE 3

#### TEST FOR OXIDIZED LDL ANTIBODY

[0077] Wells of microtiter polystyrene plate were coated with 3 µg of oLDL in 100 µl of 0.1 M carbonate buffer pH 9.6 and were kept overnight at 4°C. The plates were then washed with PBS and blocked with 2% BSA for 2 hours at room temperature. Plates were washed, dried, and used for detection of antibodies against oLDL. The test specimen was added to the plate followed by incubation and washing. The procedure in Example 1 was followed to measure for oLDL antibodies.

[0078] The ELISA values for the calibrators used in this test system were as follows: Calibrator I = 37, Calibrator II = 75, Calibrator III = 300, and Calibrator IV = 1200.

[0079] The ELISA values for each test specimen were determined using the formula in Example 1.

### EXAMPLE 4

#### TEST FOR HEAT SHOCK PROTEIN 60 ANTIBODY

[0080] Human HSP60 Peptide "AMTIKNAGEGSLIVEKIM" was synthesized by a robotic multiple peptide synthesizer and resin was used as solid support. Peptide was characterized by reversed-phase HPLC and electrospray mass-spectrometry with purity greater than 80%. This peptide was bound to bovine serum albumin and used for coating microtiter plates.

[0081] Each well of microtiter plate was coated with 3 µg of peptide in 0.1 M carbonate buffer pH 9.5. After 24 hours of incubation and washing, 200 µl of 2% BSA was added and incubated for an additional 2 hours. Plates were washed, dried, and used for

measurement of HSP60 antibodies. The test specimen was added to the plate followed by incubation and washing. The procedure in Example 1 was followed to measure for HSP60 antibodies.

[0082] The ELISA values for the calibrators used in this test system were as follows: Calibrator I = 10, Calibrator II = 20, Calibrator III = 40.

[0083] The ELISA values for each test specimen were determined using the formula in Example 1.

#### EXAMPLE 5

##### TEST FOR ANTI- $\beta$ -2-GLYCOPROTEIN-1

[0084] Wells of microtiter polystyrene plate were coated with 3  $\mu$ g of  $\beta$ 2GP1 in 100  $\mu$ l of 0.1 M carbonate buffer pH 9.6 and were kept overnight at 4°C. The plates were then washed with PBS and blocked with 2% BSA for 2 hours at room temperature. Plates were washed, dried, and used for detection of antibodies against  $\beta$ 2GP1. The test specimen was added to the plate followed by incubation and washing. The procedure in Example 1 was followed to measure for  $\beta$ 2GP1 antibodies.

[0085] The ELISA values for the calibrators used in this test system were as follows: Calibrator I = 25, Calibrator II = 75, and Calibrator III = 150.

[0086] The ELISA values for each test specimen were determined using the formula in Example 1.

#### EXAMPLE 6

##### TEST FOR ANTI-PLATELET GLYCOPROTEINS

[0087] Well of microtiter plate were coated with 3  $\mu$ g of platelet glycoprotein in 100  $\mu$ l of 0.1M carbonate buffer pH 9.6 and were kept overnight at 4°C. The plates were than washed with PBS and blocked with 2% BSA for 2 hours at room temperature. Plates were washed, dried, and used for detection of antibodies against platelet glycoproteins. The test specimen was added to the plate followed by incubation and washing. The procedure in Example 1 was followed to measure for platelet glycoprotein antibodies.

[0088] The ELISA values for the calibrators used in this test system were as follows: Calibrator I = 10, Calibrator II = 20, and Calibrator III = 40.

[0089] The ELISA values for each test specimen were determined using the formula in Example 1.

#### EXAMPLE 7

##### TEST FOR IMMUNE COMPLEXES

[0090] Wells of microtiter plates were coated with 3  $\mu$ g of purified C1q in 100  $\mu$ l of 0.1M carbonate buffer pH 9.6 and were kept overnight at 4°C. The plates were then washed with PBS and blocked with 2% BSA for 2 hours at room temperature. Plates were washed, dried, and used for detection of immune complexes. The test specimen was added to the plate followed by incubation and washing. The procedure in Example 1 was followed to measure for immune complexes.

[0091] The ELISA values for the calibrators used in this test system were as follows: Calibrator I = 7, Calibrator II = 15, and Calibrator III = 30.

[0092] The ELISA values for each test specimen were determined using the formula in Example 1.

#### EXAMPLE 8

##### TEST FOR ANTIBODIES AGAINST LUPUS AND ARTHRITIS PEPTIDES

[0093] The following peptides were synthesized by a robotic multiple peptide synthesizer:

	Peptide portion
Lupus	SWEYSVWLSN or KARIHPFHILIALETYKTGH
Arthritis	LSIALHVGFDHFEQLLSG

[0094] Peptides were characterized by reversed-phase HPLC and electrospray mass-spectrometry with purity greater than 80%. These peptides were bound to poly-L-lysine and used for coating microtiter plates.

[0095] Wells of microtiter plates were coated with 3 µg of each peptide dissolved in 100 µl of 0.1M carbonate buffer pH 9.5. After 24 hours of incubation and washing, 200 ml of 2% BSA was added and incubated for an additional 2 hours. Plates were washed, dried, and used for measurement of antibodies against lupus and arthritis peptides.

[0096] The test specimen was added to the plate followed by incubation and washing. The procedure in Example 1 was followed to measure for lupus and arthritis peptides antibodies.

[0097] The ELISA values for the calibrators used in this test system were as follows: Calibrator I = 50, Calibrator II = 100, and Calibrator III = 400.

[0098] The ELISA values for each test specimen were determined using the formula in Example 1.

## EXAMPLE 9

### ANALYSIS OF RESULTS

[0099] The results are analyzed as a panel. The values for myosin; oLDL; β2GP1; HSP60; immune complexes; lupus peptide; and arthritis peptide were obtained from a set of healthy controls.

[0100] Thirty patients (15 men and 15 women) with known risk factors for autoimmune disease were tested. These patients have a positive ANA titer of 1:160 or greater and a rheumatoid factor of 50 international units or higher.

[0101] The assays for antibodies were performed according to the preceding Examples. The results summarized in Figures 1-5 are expressed based on optical densities, which are easily converted to ELISA units.

[0102] Tables 2-3 and Figures 1-5 summarize the saliva IgA antibody levels against human tissue target antigens or epitopes in patients with possible autoimmune disease and healthy control subjects.

Table 2-Saliva IgA Antibodies Against Specific and Non-Specific Autoantigens Involved in Autoimmune Disease Expressed by O.D.'s From Patients With Possible Autoimmune

Disease

SUBJECTS	MYOSIN	O-LDL	B-2-GP1	HSP-60	LUPUS PEPTIDE	ARTHRITIS PEPTIDE	IMMUNE COMPLEX
1	0.01	0.23	0.14	0.11	0.01	0.31	0.22
2	0.45	0.48	0.51	1.3	0.39	0.88	1.4
3	0.52	0.36	0.42	0.35	0.21	0.27	1.1
4	0.24	0.21	0.33	0.87	0.34	0.96	1.5
5	0.36	0.32	0.41	0.72	0.87	0.33	0.9
6	0.21	0.15	0.18	0.11	0.01	0.1	0.4
7	0.18	0.26	0.2	0.18	0.16	0.23	0.51
8	0.81	1.2	1.7	2.2	0.96	1.3	1.7
9	1.3	1.8	2.1	1.9	1.6	1.1	2.3
10	0.4	0.7	0.85	1.1	0.26	0.69	0.8
11	0.36	0.42	0.31	0.28	0.18	0.15	0.45
12	0.11	0.35	0.22	0.33	0.54	0.36	0.71
13	1.7	1.2	1.7	1.3	1.8	1.6	1.9
14	0.92	0.65	1	0.95	0.86	0.69	0.95
15	0.1	0.1	0.02	0.05	0.1	0.1	0.01
16	0.63	0.76	0.92	0.9	0.79	0.32	0.83
17	0.3	0.18	0.33	0.29	0.1	0.1	0.22
18	0.95	0.88	0.72	1.75	0.4	1.6	2.1
19	0.61	0.34	0.01	0.21	0.15	0.11	0.28
20	0.8	1.2	1.1	1.85	0.61	0.98	1.7
21	0.37	0.41	0.87	0.91	1.2	0.75	1.65
22	0.26	0.35	0.41	0.65	0.8	0.62	0.98
23	0.1	0.01	0.05	0.15	0.22	0.26	0.23
24	0.17	0.1	0.37	0.23	0.19	0.15	0.37
25	1.6	1.9	1.7	1.4	0.64	0.72	0.88
26	0.05	0.1	0.1	0.15	0.22	0.18	0.36
27	1.6	1.5	1.4	1.8	0.8	1.3	1.2
28	0.65	0.56	0.97	1.4	1.36	1.1	1.8
29	1.1	1.3	0.85	1.2	0.34	0.59	1.2
30	0.1	0.15	0.01	0.1	0.21	0.26	0.35
Mean +/- S.D.	0.55 +/- 0.48	0.60 +/- 0.52	0.67 +/- 0.58	0.82 +/- 0.66	0.51 +/- 0.44	0.58 +/- 0.46	0.97 +/- 0.63

Table 3-Saliva IgA Antibodies Against Specific and Non-Specific Autoantigens Involved in Cardiovascular and Autoimmune Disease Expressed by O.D.'s From Healthy Controls

SUBJECTS	MYOSIN	O-LDL	B-2-GP1	HSP-60	LUPUS PEPTIDE	ARTHRITIS PEPTIDE	IMMUNE COMPLEX
1	0.1	0.15	0.1	0.1	0.05	0.05	0.2
2	0.1	0.1	0.1	0.15	0.21	0.1	0.1
3	0.31	0.21	0.2	0.18	0.1	0.1	0.39
4	0.1	0.1	0.1	0.05	0.1	0.1	0.1
5	0.1	0.1	0.1	0.1	0.1	0.1	0.1
6	0.37	0.4	0.31	0.36	0.17	0.15	0.45
7	0.01	0.01	0.01	0.1	0.1	0.1	0.1
8	0.15	0.1	0.1	0.1	0.1	0.1	0.3
9	0.1	0.15	0.1	0.1	0.1	0.19	0.2
10	0.1	0.1	0.1	0.1	0.05	0.1	0.15
11	0.21	0.18	0.23	0.15	0.18	0.1	0.32
12	0.12	0.61	0.55	0.52	0.49	0.53	0.85
13	0.01	0.15	0.1	0.1	0.1	0.15	0.17
14	0.1	0.1	0.1	0.1	0.1	0.21	0.23
15	0.39	0.36	0.41	0.53	0.16	0.1	0.41
16	0.18	0.2	0.1	0.16	0.1	0.1	0.3
17	0.24	0.22	0.31	0.25	0.1	0.1	0.1
18	0.95	0.76	0.82	0.98	0.24	0.33	0.88
19	0.1	0.1	0.1	0.1	0.1	0.1	0.1
20	0.01	0.05	0.01	0.01	0.1	0.05	0.15
21	0.12	0.1	0.19	0.22	0.15	0.1	0.29
22	0.1	0.1	0.1	0.1	0.1	0.1	0.1
23	0.1	0.1	0.1	0.1	0.26	0.27	0.15
24	0.38	0.85	0.65	0.59	1.7	0.9	1.8
25	0.1	0.2	0.1	0.1	0.1	0.2	0.3
26	0.1	0.1	0.1	0.15	0.13	0.1	0.1
27	0.15	0.26	0.31	0.39	0.15	0.1	0.35
28	0.1	0.1	0.1	0.1	0.1	0.1	0.26
29	0.45	0.38	0.3	0.51	0.22	0.1	0.43
30	0.1	0.1	0.1	0.1	0.05	0.1	0.15
Mean +/- S.D.	0.18 +/- 0.18	0.21 +/- 0.20	0.19 +/- 0.18	0.22 +/- 0.21	0.19 +/- 0.29	0.16 +/- 0.17	0.31 +/- 0.33

[0103] Figures 1 and 2 illustrate each optical density as well as the mean of saliva IgA antibody level against 12 antigens. Figures 3-5 illustrate the mean and standard

deviation of saliva IgA antibody levels from healthy controls and patients with autoimmune disease.

**[0104]** Detection of IgA antibody in saliva against antigens of tissue antigens would help in early detection and prevention of autoimmune disease. Figure 6 shows data interpretation of antibody levels to human target tissue antigens relating to the possibility or presence of autoimmune disease. The detection of above normal levels of saliva IgA antibody against the antigens listed in Figure 6 can help to diagnose possible autoimmunity. A normal level of antibody is defined as an average level of antibody taken from a set of healthy control individuals. For instance, the average levels are shown as the big squares on Figures 1 and 2.

**[0105]** The results of the test panels shown in combination with other clinical data and evaluation by the clinician allows for a faster and more accurate diagnosis of the above indications.